

Happy Contra

Compte: 32

Mur: 0

Niveau: Improver Contra



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Musique: Hey Mamá - Play-N-Skillz

Tag: After wall 1 and after wall 5.

Intro: 32 counts

***Note:** This dance is a contra dance, but can also be danced solo. Start the dance opposite to each other.

S1: GRAPE VINE ½ R, HITCH, HIP BUMPS X3, FLICK

- 1-2 RF step R (1), LF step behind RF (2)
- 3-4 Turn ¼ R, RF step fwd (3)[3:00], turn ¼ R, LF hitch (4)[6:00]
- 5-8 LF bump L (5), RF bump R (6), LF bump L (7), RF flick (8)

S2: ROCKING FWD + SIDE, 2X STEP TURN TURNING ¼ + ½

- 1-4 RF rock fwd (1), LF recover (2), RF rock R (3), LF recover (4)
- 5-6 RF step fwd (5), turn ¼ L, step onto LF (6)[3:00]
- 7-8 RF step fwd (7), turn ½ L, step onto LF (8)[9:00]

S3: JAZZ BOX ¼, CROSS BACK X2 TOGETHER TURNING ½

- 1-2 RF cross over LF (1), LF step back (2)
- 3-4 Turn ¼ R, RF step R (3), LF step fwd (4)[12:00]
- 5-6 RF cross over LF (5), turn ½ R, LF step back (6)[6:00]
- 7-8 RF step back (7), LF step together (8)

***Contra:** on counts 5-8 you will pass each other on left side facing the same partner you started with.

S4: FULL TURN WALK AROUND AND SHIMMY SHOULDERS

- 1-2 RF step fwd (1), turn ¼ L, LF cross over RF (2)[3:00]
- 3-4 RF step fwd (3), turn ¼ L, LF cross over RF [12:00]
- 5-6 RF step fwd (5), turn ¼ L, LF cross over RF (6)[9:00]
- 7-8 RF step fwd (7), turn ¼ L, LF cross over RF (8)[6:00]

Shimmy shoulders on counts 1-8

***Contra:** circle around each other making L shoulder the center of rotation.

TAG:

- 1-4 Play the trumpet starting down going up (1-4)
- 5-6 RF bump R (5), LF bump L (6)