

Absolutely

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Choregraphie par : Niels Poulsen (DK):

Description : 32 temps, 4 murs, Débutant, Avril 2019

Musique : Absolutely Everybody by Pepper (or Vanessa Amorosi). 123 Bpm. Track Length: 3.45. Buy on Itunes Etc



Intro: 32 counts from the strong beat. App. 32 secs. into track. Start with weight on L foot

NOTE: NO TAGS – NO RESTARTS!

[1 – 8] R side rock, R cross shuffle, L side rock, L cross shuffle

- 1 – 2 Rock R to R side (1), recover on L (2) 12:00
- 3&4 Cross R over L (3), step L to L side (&), cross R over L (4) 12:00
- 5 – 6 Rock L to L side (5), recover on R (6) 12:00
- 7&8 Cross L over R (7), step R to R side (&), cross L over R (8) 12:00

[9 – 16] Vine ¼ R, step turn step, R shuffle fwd

- 1 – 3 Step R to R side (1), cross L behind R (2), turn ¼ R stepping R fwd (3) 3:00
- 4 – 6 Step L fwd (4), turn ½ R onto R (5), step L fwd (6) 9:00
- 7&8 Step R fwd (7), step L behind R (&), step R fwd (8) 9:00

[17 – 24] Rock L fwd, L shuffle back, rock R back, R kick ball change

- 1 – 2 Rock L fwd (1), recover back on R (2) 9:00
- 3&4 Step L back (3), step R next to L (&), step L back (4) 9:00
- 5 – 6 Rock back on R (5), recover fwd onto L (6) 9:00
- 7&8 Kick R fwd (7), step R next to L (&), step L fwd (8) 9:00

[25 – 32] Step R fwd, Hold, ball step fwd, Hold, ball R jazz box cross

- 1 – 2 Step R fwd (1), Hold (2) 9:00
- &3 – 4 Step L next to R (&), step R fwd (3), Hold (4) 9:00
- &5 – 8 Step L next to R (&), cross R over L (5), step L back (6), step R to R side (7), cross L over R (8) 9:00

Start Again!

**Ending: Start wall 13, facing 12:00. Do the first 4 counts and then step L to L side 😊
12:00**

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