

Sunrise

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Choregraphie par : Esmeralda v.d. Pol

Description : 64 temps, 2 murs, Novice, Octobre 2019

Musique : « Sunrise » by Dolly Syle

Intro : 32 counts



FWD ROCK, COASTER CROSS, SIDE TOUCH, CHASSE R

- 1-2 Rock RF fwd, Recover weight on LF
- 3&4 Step RF back, Step LF next to RF, Cross RF over LF
- 5-6 Step LF to L side, Touch RF next to LF
- 7&8 Step RF to R side, Step LF next to RF, Step RF to R side

CROSS, SIDE, BEHIND-SIDE-CROSS, SIDE ROCK, CROSS SHUFFLE

- 1-2 Cross LF over RF, Step RF to R side
- 3&4 Step LF behind RF, Step RF to R side, Cross LF over RF
- 5-6 Rock RF to R side, Recover weight on LF
- 7&8 Cross RF over LF, Step LF to L side, Cross RF over LF

WEAVE L, 1/4 TURN R, 1/4 TURN R, L CROSS SHUFFLE

- 1-2 Step LF to L side, Step RF behind LF
- 3-4 Step LF to L side, Cross RF over LF
- 5-6 1/4 turn R-Step LF back, 1/4 turn R-step RF to R side
- 7&8 Cross LF over RF, Step RF to R side, Cross LF over RF

SIDE ROCK, CROSSs, SIDE, KICKBALL STEP X2

- 1-2 Rock RF to R side, Recover weight on LF
- 3-4 Cross RF over LF, Step LF to L side
- 5&6 Kick RF diagonal fwd, Step RF next to LF, Step LF to L side
- 7&8 Kick RF diagonal fwd, Step RF next to LF, Step LF to L side

CROSS ROCK, CHASSE 1/4 TURN R, PIVOT 1/4 TURN R, L SHUFFLE FWD

- 1-2 Rock RF across LF, Recover weight on LF
- 3&4 Step RF to R side, Step LF next to RF, 1/4 turn R-step RF fwd
- 5-6 Step LF fwd, 1/4 turn R-weight on RF
- 7&8 Step LF fwd, Step RF next to LF, Step LF fwd

WALK FWD, MAMBO FWD, WALK BACK, COASTER STEP

- 1-2 Step RF fwd, Step LF fwd
- 3&4 Rock RF fwd, Recover weight on LF, Step RF back

5-6 Step LF back, Step RF back

7&8 Step LF back, Step RF next to LF, Step LF fwd****restart wall 3

ROCKING CHAIR, PIVOT 1/2 TURN L, L SHUFFLE FWD

1-2 Rock RF fwd, Recover weight on LF

3-4 Rock RF back, Recover weight on RF

5-6 Step LF fwd, 1/2 turn L-weight on RF

7&8 Step LF fwd, Step RF next to LF, Sep LF fwd

CROSS ROCK, SIDE ROCK, BACK SWEEP, BACK ROCK

1-2 Rock LF across RF, Recover weight on RF

3-4 Rock LF to L side, Recover weight on RF

5-6 Step LF back, Sweep RF to back

7-8 Rock Back on RF, Recover weight on LF

Dance With Esmerlada

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